

A CLASS FIRST DAY				
SECTION	SPEED	LENGTH	MILE	TIME
1	33	5.5	0.0	7:0 ✓
RESTART	0	0.0	5.5	7:10 ✓
2	18	21.3	5.5	7:10 ✓
3	12	5.6	26.0	8:21 ✓
4	18	10.2	32.4	8:49 ✓
5	12	8.6	42.6	9:23 ✓
6	35	14.0	51.2	10:6 ✓
LUNCH	0	0.0	65.2	10:30 ✓
7	20	39.0	65.2	11:30 ✓
8	12	0.8	104.2	13:27 ✓
FINISH	0	0.0	105.0	13:31 ✓

ask for Steve

A CLASS SECOND DAY				
SECTION	SPEED	LENGTH	MILE	TIME
1	30	30.0	0.0	8:0 ✓
2	12	5.2	30.0	9:0 ✓
3	14	21.0	35.2	9:26 ✓
LUNCH	0	0.0	56.2	10:56 ✓
RESET	0	4.6	56.2	11:56 ✓
4	24	4.4	60.8	11:56 ✓
5	10	12.5	65.2	12:7 ✓
6	21	2.8	77.7	13:22 ✓
7	12	10.2	80.5	13:30 ✓
FINISH	0	0.0	90.7	14:21 ✓

B CLASS FIRST DAY				
SECTION	SPEED	LENGTH	MILE	TIME
1	33	5.5	0.0	7:0 ✓
RESTART	0	0.0	5.5	7:10 ✓
2	14	23.1	5.5	7:10 ✓
3	10	1.7	28.6	8:49 ✓
RESET	0	4.7	30.3	8:59 + 12 sec ✓
4	14	7.7	35.0	9:24 ✓
5	10	8.5	42.7	9:57 ✓
6	30	14.0	51.2	10:48 ✓
LUNCH	0	0.0	65.2	11:16 ✓
7	15	39.0	65.2	12:16 ✓
8	12	0.8	104.2	14:52 ✓
FINISH	0	0.0	105.0	14:56 ✓

B CLASS SECOND DAY				
SECTION	SPEED	LENGTH	MILE	TIME
1	30	16.0	0.0	8:0 ✓
2	20	14.0	16.0	8:32 ✓
3	8	5.2	30.0	9:14 ✓
4	10	21.0	35.2	9:53 ✓
LUNCH	0	0.0	56.2	11:59 ✓
RESET	0	4.6	56.2	12:59 ✓
5	24	4.4	60.8	12:59 ✓
6	10	5.5	65.2	13:10 ✓ - reset
7	9	3.3	73.0	13:43 ✓
8	20	3.0	77.1	14:5 ✓
9	12	6.0	80.1	14:14 ✓
RESET	0	0.8	86.1	14:44 ✓
10	12	3.8	86.9	14:44 ✓
FINISH	0	0.0	90.7	15:3 ✓